Live surgery -8

 Case: Post traumatic common peroneal nerve palsy with right side



• Procedure: Tibialis posterior tendon transfer right foot

BRIEF HISTORY

Right foot

- 20 yr /Male
- history of RTA on 19-04-24 (1 year back)
- Injury to right knee which was associated with pain, swelling and inability to walk normal
- His right foot drags on the ground when he tries to brisk walk and loss of sensation over the dorsum of right foot
- Underwent CPN exploration at local hospital on 14.05.24
- Intra-op (14/05/24) Contusion of peroneal nerve at level of knee joint, No transection
- Waited 9 months for nerve recovery
- Now came with persistent symptoms

Right foot

Patient denies any Bowel or Bladder problems

No h/o any other major trauma/ Surgery to Spine.

No h/o Leprosy, Diabetes, other major medical /surgical illness

Clinical Examination

Right foot

General Examination

- Conscious and oriented to time, place and person
- Average built, normal nutrition with BMI of 24kg/m2
- Gait: Walks with high stepping gait

No pallor, oedema, clubbing, lymphadenopathy

LOCAL EXAMINATION

Right lower limb

- Attitude:
 - Hip joint is neutral.
 - Knee joint has slight varus deformity.
 - Ankle plantar flexed and inverted. (Foot drop deformity)
- Scar of previous surgery on antero-lateral aspect of upper part of leg.
- Muscle wasting of right leg.
- Skin over dorsum of foot: hair loss, dry and shiny.
- Nails: brittle



Local Examination

Motor:

- Tone & Power of all muscles supplied by CPN are decreased

- Toe Extension 0
- Toe Flexion 4+
- Ankle Eversion 1
- Ankle Inversion 4+
- Ankle Dorsiflexion 0
- Ankle Plantarflexion 5



- Leg Circumference: Right = 26cm, Left = 29.5cm

Local Examination

Sensory: Loss of sensation of lateral side of right leg and dorsum of foot

Fine/crude touch: Lost

Pain: Lost

Joint Sense and Vibration sense: Intact

Reflexes:

Plantar, Ankle, Knee – Normal

Tinel's Sign: tingling sensation present over previous injury site below knee joint

NEUROLOGICAL EXAMINATION

- Sensation decreased over the dorsum of right foot
- Motor System
 - Bulk: On Inspection Wasting of right leg muscles
 - Tone Normal
 - Power

MRC Grading

Joint	Muscle	Right	Left
Hip	Flexors	5/5	5/5
	Extensors	5/5	5/5
	IR	5/5	5/5
	ER	5/5	5/5
Knee	Flexors	5/5	5/5
	Extensors	5/5	5/5
Ankle	Tibialis Anterior	1/5	5/5
	Peroneus longus	3/5	5/5
	Peroneus Brevis	3/5	5/5
	Tibialis Posterior	5/5	5/5
	Gastrocnemius	5/5	5/5
	Tendo Achilles	5/5	5/5
Toes	Extensor Hallucis Longus	1/5	5/5
	Extensor Digitorum	1/5	5/5
	FHL	5/5	5/5
	FDL	5/5	5/5

Clinical Picture







Gait – High Steppage gait

Right foot

Right calf wasting



Ankle Inversion and Eversion







Ankle Dorsiflexion and Plantarflexion



Normal Side



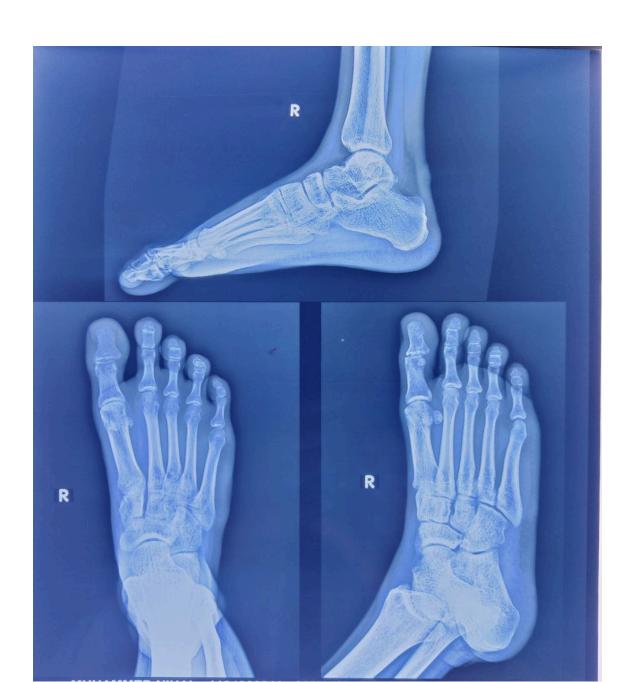


Affected Side

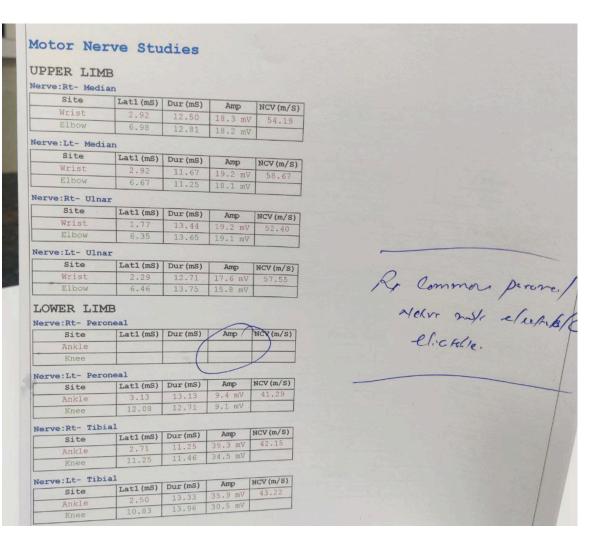


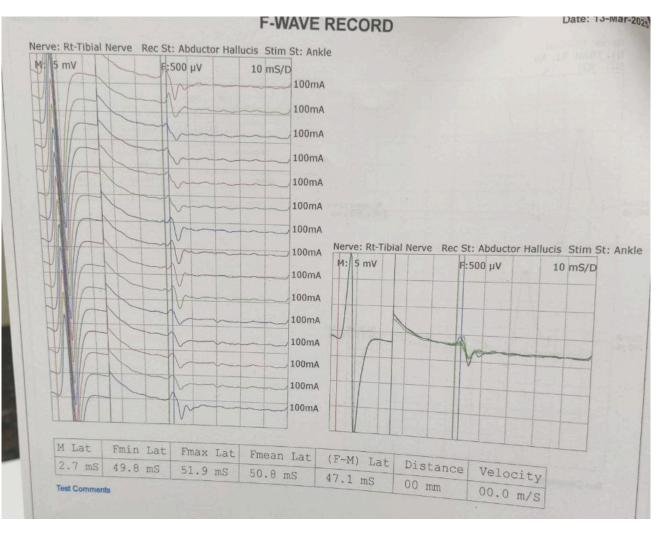
RADIOGRAPHS -





Nerve Conduction Study





MRI KNEE JOINT (202

ACL Sprain,
Complete popliteus tear,
Grade II meniscal tear of Medial
Meniscus

Right foot

MRI RIGHT KNEE JOINT - PLAIN

Sequences: STIR, GRE, AXL STIR, T1WI, COR T2 THIN SAG, DESS SAG.

Bony contusion at medial and lateral femoral cendyle and anterior aspect of medial and lateral tibial plateau

Minimal knee joint effusion extending to supra patellar bursa.

Extensive soft tissue edema in popliteal fossa. Significant fluid at the lateral aspect of knee.

Oblique horizontal hyper intensity at posterior horn of medial meniscus extending to inferior meniscal surface- S/o Grade-II b Tear.

Grade-II intra meniscal signal intensity at posterior horn of lateral meniscus.

Mild PDFS hyper intensity in ACL fibers with out fiber discontinuity -S/o ACL sprain.

Discontinuity of popliteus tendon at myo tendinous junction with diffuse edema in the popliteal muscle with wavy popliteus tendon fibers - S/o Complete popliteus tear at myotendinous junction.

PDFS hyper intensity signals with loss of continuity of fibular collateral ligament antero lateral ligaments and biceps femoris tendon at fibular attachment -S/o Complete tear. Wavy lateral patellar retinaculum with surrounding fluid -S/o Grade-II injury.

Lateral meninsci shows normal signal intensity.

Anterior and posterior cruciate ligaments visualized in their entire length and shows normal signal intensity. Articular cartilage shows normal signal intensity.

Medial collateral ligaments shows normal signal intensity.

Patellar, medial retinalcular ligaments shows normal signal intensity.

Neurovascular bundle appear normal.

IMPRESSION: Above MRI KNEE JOINT - PLAIN study reveals:

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Plan -

• Surgeon: Dr Kamal Dureja



• Moderators : Dr Santosh Sahanand, Dr Vidhyasagar

 Case: Post traumatic common peroneal nerve palsy with right foot drop

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